Password Protect Screen Saver on a Mac

1. Open System Preferences. You can find it by clicking the apple in the upper left corner of your screen and selecting "System Preferences" from the list.

2. When System Preferences has launched, click the "Security" icon.

3. The "Security" preference pane will now appear. Check the box next to the text "Require password (select immediately) after sleep or screen saver begins". Make sure "Disable automatic login" is checked.

The password is the same password that you use to log on to the computer.

Now you are all done!